

A Resilience Snapshot in the City of Greater Dandenong 2015 & 2017 Survey Summary

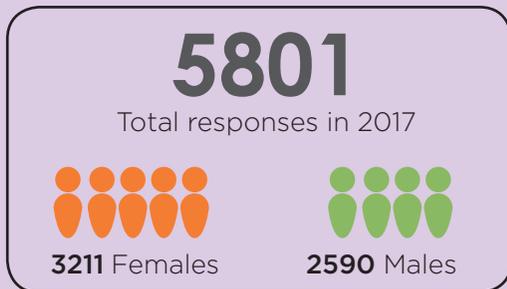


What is resilience?

Resilience is the ability to flexibly cope with the demands of life and bounce back after times of adversity. The Resilience Survey provides feedback on the qualities, opportunities and conditions that characterise high levels of resilience. They act as assets or protective factors in a young person's life.

The City of Greater Dandenong has partnered with local schools and Resilient Youth Australia to conduct the Resilience Survey in 2015 and 2017. The survey provides a comprehensive picture of the resilience of young people in the City of Greater Dandenong, with the ability to compare results and monitor change over time.

At a glance



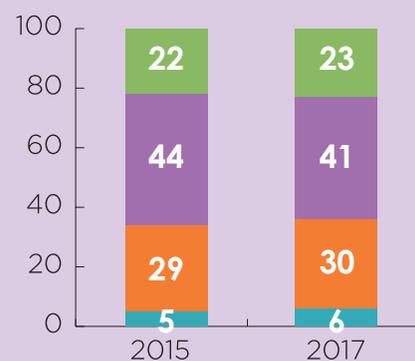
Resilience is highest in primary school, with significant declines in resilience observed when students move from Grade 6 to Year 7; and Year 10 to Year 11.

The information below represents a comparison of the overall resilience levels for primary and secondary students in 2015 and 2017. Overall resilience levels have remained consistent, with slight improvements amongst secondary school students.

Grades 3 to 6



Years 7 to 12



Excellent: very strong levels of resilience, abundant assets present

Good: high levels of resilience, but room for improvement

Fair: borderline, some assets present but many require strengthening

Low: big opportunities for strengthening resilience in most areas

Key Strengths and Challenges by Gender (Grade 3 to Year 12)

Male students

- Strengths**
- Problem solving
 - Feeling good about themselves
 - Feeling good about their future

- Challenges**
- Social skills
 - School belonging
 - Educational engagement

Female students

- Strengths**
- Social skills
 - School belonging
 - Educational engagement

- Challenges**
- Hope
 - Feeling good about themselves
 - Feeling good about their future

Changes over time

The Resilience Survey has been conducted with students in the City of Greater Dandenong in 2015 and 2017. This allows for comparison of results over time.

The following changes have been noted across grade 3 to year 12, comparing all students surveyed in 2015 to all students surveyed in 2017. These changes reflect both strengths and challenges for young people.

Results trending upwards

4%

more females keeping physically fit



6%

more students have been bullied in the last 12 months



4%

more students are motivated to learn



Results trending downwards

9%

fewer students feel encouraged by teachers



10%

fewer students feel adults listen to them



6%

fewer students are texting between 10pm and 6am



Consistent results

74%

of students feel safe in their neighbourhood



88%

of students value diversity



34%

of students feel constantly under strain

